



**ASSAULT  
AIRBIKE  
ELITE**

**TAKE INTERVAL  
TRAINING TO  
THE NEXT LEVEL**

# WORKOUT WITHOUT LIMITS.

Fan bikes have been around for decades, but no one had sought to improve upon the design until our team set out to create the highest quality, most durable air bike on the market. The Assault AirBike Elite takes interval training to the next level, with a smoother ride and enhanced console capabilities. Individualized and infinite adjustments allow exercisers to keep it mellow and level to target a heart rate, or do high intensity interval training for a serious workout.

## PRODUCT SPECIFICATIONS



### Programmable Console:

- 20/10 Interval
- 10/20 Interval
- Custom Interval
- Goal Programs
  - Distance
  - Calories
  - Heart Rate
  - Time

### Console Feedback:

- Large readouts
- Time (total and segment)
- Speed
- RPM
- Distance
- Watts
- Calories
- Heart rate

### Bluetooth Connectivity

### Specifications:

- Dimensions Assembled: (L x W x H)
  - 55.1 x 26.1 x 58.6 in
  - 140 x 66.3 x 148.8 cm
- Boxed Dimensions: (L x W x H)
  - 52.4 x 13.8 x 37.4 in
  - 133 x 35 x 95 cm
- Weight
  - Assembled: 125 lb / 56.7 kg
  - Boxed: 140 lb / 63.5 kg
- User Weight Capacity: 350 lb / 158.8 kg
- Compatible With Most Uncoded 512K
  - Heart Rate Transmitters



# KEY FEATURES

- 1 The Custom Seat is Anatomically Designed and Sweatproof
- 2 A Four-Way Adjustable Seatpost Ensures a Custom Fit for All
- 3 Sizing Adjustments are Quick and Simple with the Pop-Pin Knobs
- 4 Over-Built Forged Cro-Moly Cranks for Superb Strength & Durability
- 5 Our Proven Chain Drive System Promises Less Maintenance
- 6 The Sealed Cartridge Bottom Bracket is Engineered to Last
- 7 Integrated Transport Wheels for Easy Movement and Setup
- 8 The Assault's 27-Inch Steel Fan Delivers Unlimited Resistance
- 9 Rest Your Feet on the Oversized Foot Pegs During All-Arm Sessions
- 10 Pedal, Push AND Pull for a Workout That Engages the Entire Body
- 11 Monitor Your Heart Rate Wirelessly via the On-Board ANT+Radio\*
- 12 Eight Workout Options to Help you Stay Motivated
- 13 Multiple Grip Options Allow for a More Efficient Workout



Precor is an Authorized Distributor of the Assault AirBike Elite

\*With compatible heart rate transmission strap; chest strap not included.  
Visit [Precor.com](http://Precor.com) for warranty terms.  
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