

FREEMOTION.

t10.9

MODEL # *FMTL39818*
INT # *FMTL39818-INT*

REFLEX TREADMILL

CARDIO 10 SERIES TREADMILL

The t10.9 Reflex™ Treadmill features a simplified user interface with race track visuals and readouts for calories, distance, speed and time. This treadmill is different because it feels different thanks to the improved proprietary Reflex™ cushioning that reduces impact and creates a longer, stronger run. The rebound effect of our unique deck suspension system propels runners to take that next stride forward. HIIT-friendly 1-STEP™ Controls help this machine immediately respond to trainer commands.

FREEMOTION.



t10.9 REFLEX™ TREADMILL

PRODUCT FEATURES

SIMPLIFIED USER INTERFACE

Track progress on this large, easy-to-read simplified user interface. Vital information such as speed, time, incline, calorie burn, pace and heart rate are front and center to keep the workout on track.

PROPRIETARY REFLEX™ CUSHIONING DECK

Easier on hips, knees and ankles, the Reflex™ Deck Cushioning absorbs motion to help the member run longer and stronger.

1-STEP™ CONTROLS

Get instant response and immediate action with easy to understand, 1-STEP™ Controls for speed and incline. The easy read console is made for personal trainers and class setting HIIT workouts.

PRECISION QUICK SPEED

In-between speeds are achieved by pressing the 1-STEP™ Controls back-to-back. For instance, pressing '2' then '5' will take you to 2.5 mph (4 km/h) instead of repeatedly tapping the SPEED button. It's the training details like Precision Quick Speed that give you the workout advantage.

STRIKE ZONE INDICATORS

The Strike Zones show the runner the ideal running area on the treadmill.

CROSSFLOW™ FAN

It's amazing what a good on-board fan can do. Perfect for a quick cool down or use it to create a realistic run, either way, this bigger than normal fan is a welcome feature.

HEART RATE MONITORING

Get real-time data during the workout with built-in EKG grips. Results let members know when they're in the ideal heart-healthy zone.

WARRANTY | US AND INTERNATIONAL

7 Year Frame, and Drive Motor | 2 Year Parts (Mechanical, Electronic) | 1 Year Labor (US Only)

SPECIFICATIONS

Deck	Two-Sided Reflex™ Deck (Reversible)
Drive Motor	5.0 HP AC Commercial Drive Motor
Running Surface/Belt	21.5 x 60 in (54 x 152 cm) Quiet Belt
Elevation System	0% to +15% incline
Built-in Fan	Removable 8 in (20.3 cm) CrossFlow™ Fan
Display Type	Simplified User Interface
Maximum User Weight	400 lbs (182 kgs)
Step-up Height	12.2 in (31.1 cm)
Speed Range	0-12 mph (0-20 km/h)
Equipment Dimensions (L x W x H)	87.75 x 34 x 66 in (222.8 x 86.3 x 167.6 cm)
Shipping Dimensions (L x W x H)	89 x 41 x 27 in (226 x 41 x 27 cm)
Shipping Weight	579 lbs (262.6 kg)
Power Requirements US & Canada/International	110-120 VAC, 20 Amp, 220-240 VAC, 20 Amp
Regulatory Approvals	TUV/CUS, EN957, C-Tick, CE

OPTIONAL

-Personal 15.6 in (39 cm) HD TV
-900/800 MHz Receiver

877.363.8449 | sales@freemotionfitness.com | freemotionfitness.com

© 2018 Freemotion Fitness, Inc. All rights reserved. Specifications subject to change. (1/18)